

Asian Performing Arts UK presents

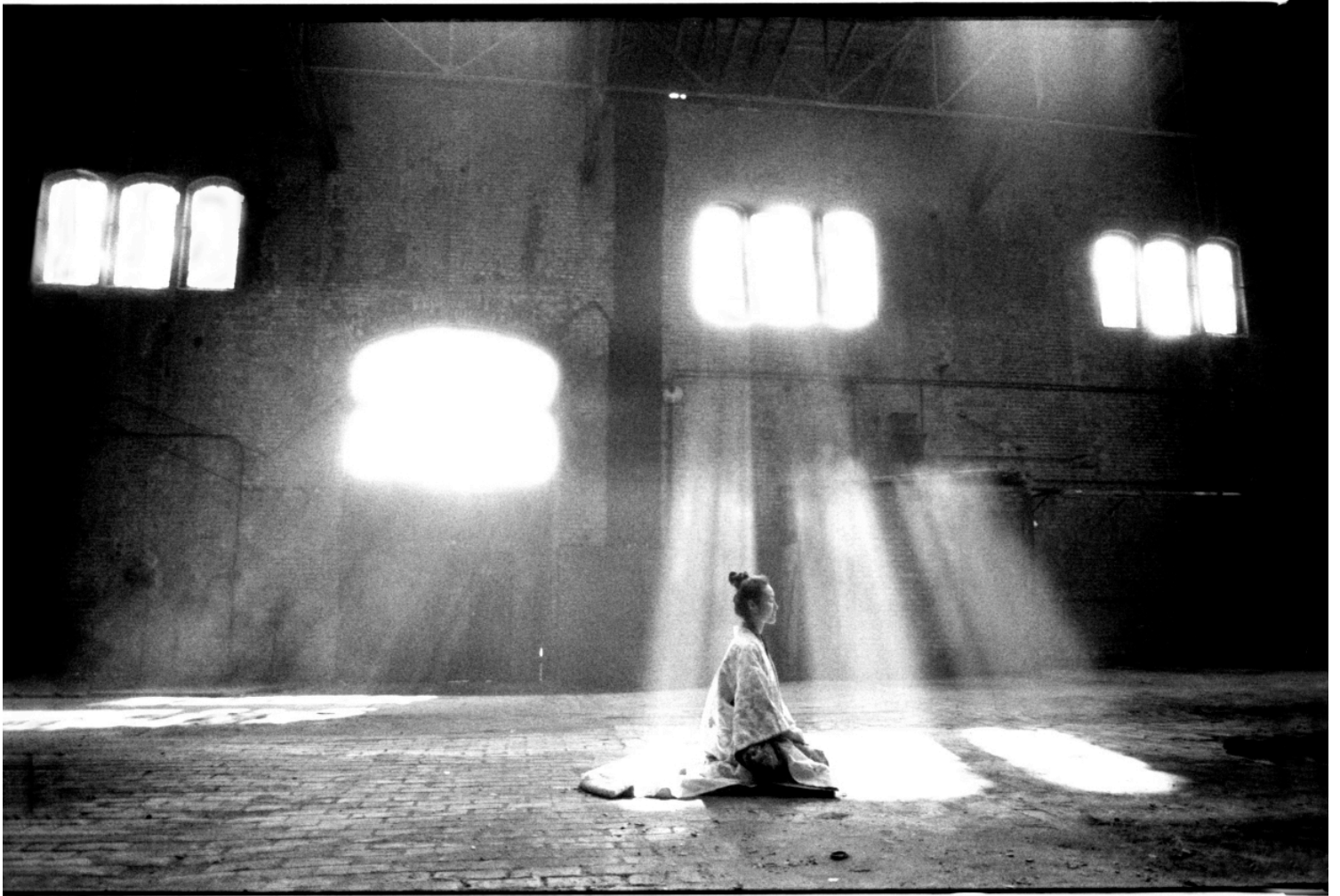


Photo by Jens Winter

Yumiko Yoshioka Butoh Workshop

Yumiko Yoshioka Body Resonance Workshop

In collaboration with Butoh Research Project

by Florencia Guerberof

The main focus of this workshop is a conscious research of our body, mind and soul becoming a single entity so we can deeply enjoy the intrinsic process of metamorphosis through the spirit of dance.

Through a continuous exploration of our past memories, we can strike a vein of abundant creative resources, enriching the essence of our life. The body is a receptacle of time.

Body resonance is the key to open the doors to a world in constant transformation inside and outside of our selves.

The body unfolds its secrets, holding them up until they shine and tremble. Every single entity resonates with each other.

Through a dialogue with our own body we can learn to be moved by inner and outer forces, thus coming to realize that we are a part of the Universe.

A dance of metamorphosis inevitably appears.

Yumiko Yoshioka

13th, 14th, 15th December 2013

2pm to 6 pm followed by "Ju Ni Hitoe" Film Screening from 6.15 pm

Venue: Chisenhale Dance Space

64-84 Chisenhale Road, London E3 5QZ

Organized by Asian Performing Arts UK